

Helium One

COMPANY UPDATE, MEDIA, & NEWS

COMPANY NEWS:

Once again, we are delighted to update shareholders on another busy month, culminating with the commencement of Phase II 2D Seismic Campaign announced on 1st November. Survey and line clearing crews are mobilised and making excellent progress at our Rukwa Project, where we are targeting the northern extensions of the structural highs that we believe act as migration pathways that focus helium charge.

The Phase II 2D Seismic Campaign aims to expand our prospect portfolio of 'drill ready' targets, combining new structural and stratigraphic information to identify trapping configurations across multiple plays in preparation for the drilling stage of Phase II.

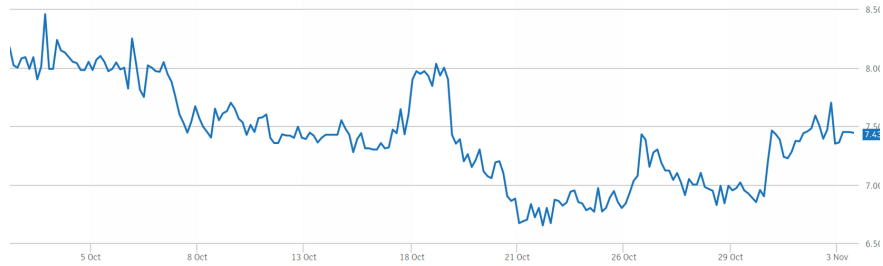
As the Rukwa project matures, Helium One is able to attract more world-class industry talent to join our team with the addition of Colin Ivory taking on the mantle of Chief Operating Officer and Chris Eyre as our Chief Financial Officer, based in Tanzania. We welcome them both as we look forward to another exciting month on the path to drilling in 2022.



IN CASE YOU MISSED IT

On 20th October, CEO David Minchin outlined results of Rukwa Phase I and explained Phase II exploration plan on a [London South East Webinar](#).

On 1st November, Lorna Blaisse, our Principal Geologist, talked to Katie Pilbeam at [Proactive Investors](#) about the importance of 2D seismic programme in relation to the data collected from the first phase of exploration.



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"Helium One's executive team have pulled out all the stops to commence execution of this 2D seismic campaign ahead of the wet season. Their hard work and dedication alongside continued support of government departments and local communities has allowed us to fast-track critical seismic work at Rukwa.

"I am proud to be a part of this process as we seek to identify additional drillable prospects ahead of our 2022 conventional drilling campaign."

- CEO, DAVID MINCHIN

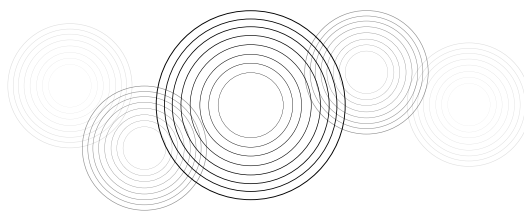


Clockwise from top:

The HE1 team assessing the next swathe of line clearing;
 Line 1 Base Station erected at the northern end of the
 Rukwa 2D Seismic survey area;
 Morning safety and first aid briefing in camp.

HE1 COVERAGE:

- 01 November: GasWorld: [Helium One begin Phase 2 at Rukwa site, Tanzania](#)
- 01 November: Directors Talk: [Helium One begins phase 2 of its seismic campaign](#)
- 01 November: Proactive Investors: [Helium One's Lorna Blaisse details the launch of a new seismic programme at Rukwa](#)
- 01 November: Malcy's Blog: [Oil price, CEG, VOG, ECO, Pharos, Helium One](#)
- 01 November: Vox Markets: [Traders Cafe with Zak Mir: Altus, Brandshield, Brighton Pier, East Imperial, Helium One...](#)
- 01 November: Morningstar: [Trading Updates](#)
- 20 October: London South East Webinar: [David Minchin, Helium One CEO outlines Rukwa Phase 2](#)



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