COMPANY NEWS:

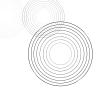
Work at the Rukwa Phase II 2D Seismic Campaign has continued at pace with the deployment of vibroseis trucks and nodes to commence data acquisition announced on the 16th of November. Excellent ground conditions and continued support from local communities have facilitated rapid progress of surveying and line clearing activities.

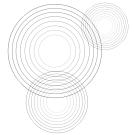
Helium One also welcomed Mark Beeson to the team as Consultant Geophysicist. His experience in exploration and production across Africa will be invaluable to the Company as we work towards the 2022 drilling campaign.



Left: Node testing and visualisation;

Right: Recording trucks in operation.





LSE:HE1 NOVEMBER 2021

"The scale of our current operation at Rukwa cannot be underestimated with over 150 people currently active in the field area. Phase II 2D Seismic is positioned deeper into the basin than the Phase I 2D Seismic, targeting northern extensions of known structural highs that we believe act as a charge focus for helium migration.

"With this data, we aim to expand our portfolio of drill ready prospects and identify targets with a lower charge risk and to depths down to ~2500m for testing with a conventional drill rig in 2022."

- CEO, DAVID MINCHIN



IN CASE YOU MISSED IT

On 1st November, Principal Geologist, Lorna Blaisse spoke to <u>Proactive Investors</u> on the launch of the new seismic programme at Rukwa.

In the middle of this month, David Minchin discussed the ongoing data acquisition with Proactive investors.