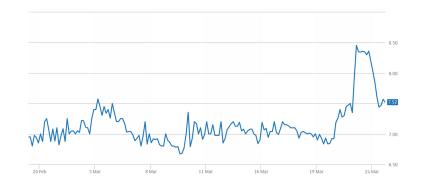
COMPANY NEWS:

March has been busy for the company, as we appointed Mitchell Drilling Ltd. as Drilling Contractor, and who are anticipated to commence work in mid-May.

Helium One has also begun seismic data acquisition at the Rukwa Project. The company was delighted to announce the appointments of Lorna Blaisse as Principal Geologist and that of Canaccord Genuity as Joint Broker, who initiated research on the company with a 20p target price on 23rd March 2021.



LSE:HE1 MARCH 2021

"March has been an incredibly active month for the Company with work continuing at pace on-site at Rukwa with our infill seismic programme. We were also delighted to appoint Mitchell Drilling as drilling contractor to commence our maiden drilling campaign in mid-May – a campaign we hope will be a game-changing drilling campaign."

- CEO, DAVID MINCHIN

HE1 COVERAGE:

- 25 March: Total Market Solutions: <u>The Sky's the limit for Helium One</u>
- 25 March: Proactive Investors: Interview with David Minchin
- 24 March: Tanzanian Citizen: Helium One to start drilling world's rare gas in Tanzania
- 23 March: GasWorld: <u>Helium One appoints drilling contractor in Tanzania</u>
- 23 March: HE1 Twitter: CEO David Minchin explains operations and seismic data acquisition
- 22 March: ShareCast: Helium One appoints drilling contractor to Rukwa project
- 22 March: Proactive Investors: Helium One Global appoints drilling contractor
- 19 March: Proactive Investors: Interview with Lorna Blaisse
- 10 March: Proactive Investors: Helium One says new broker will help bring increased access to global institutions
- 08 March: Share Talk: Interview with David Minchin





VIRBROSEIS TRUCK AT RUKWA

MARKET NEWS:

20.03.2021: The emerging crisis of obtaining helium in India

Helium is colourless, odourless, tasteless, inert, and a noble gas. Yet, it finds many applications, mainly in magnetic resonance imaging (MRI) scans, in rockets, and in nuclear reactors. India imports helium for its needs, and with the U.S. appearing set to cut off exports of helium since 2021, Indian industry stands to lose out heavily. What is the solution? Can India become self-reliant towards its needs of helium gas?

11.03.2021: Canada finalizes critical minerals list

The list of 31 minerals essential to the future economy sends a signal to investors and explorers. Addressing the virtual Prospector's and Developer's Association of Canada Convention on March 11, Canadian Natural Resources Minister Seamus O'Regan read out the newly formed list and called critical minerals "essential to the economic and energy security." The list includes: Aluminum, Antimony, Bismuth, Cesium, Chromium, Cobalt, Copper, Fluorspar, Gallium, Germanium, Graphite, **Helium**, Indium, Lithium, Magnesium, Manganese, Molybdenum, Nickel, Niobium, Platinum group metals, Potash, Rare earth elements, Scandium, Tantalum, Tellurium, Tin, Titanium, Tungsten, Uranium, Vanadium, Zinc.

08.03.2021: Waiting for Amur - what's next for helium markets?

After experiencing a demand reduction of as much as 25% during Q2 of 2020, the majority of the reduced demand has returned and helium markets are in relative balance during the early part of 2021. While certain applications, including party balloons, diving/offshore gases and MRI have still not fully recovered from the impact of Covid, other sectors, such as electronics and aerospace are thriving. The recovery of helium demand seems to be tracking the overall economic recovery and it could be another year or so before helium demand has fully recovered to pre-Covid levels.